



Britton Rd.

25K Turn

11 12

MacArthur Blvd

11 23

Wishire Ave.

Golf Course

10 15

8 17

15K Turn

7 18

9 16

6 19

5 20

Stars & Stripes Park

S. Lake Hefner Dr

Portland Ave

5K Turn

2 23

3 22

S/F Louie's

East Wharf

1 24

Britton Rd.

Wishire Ave.

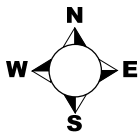
Lake Hefner Pkwy

Lake Hefner

PANERA BEACON RUN

Oklahoma City Landrunners
Oklahoma City, OK.

ELEVATIONS
Min 365 m
Max 375 m
Start 370 m
Finish 370 m



NW Expressway

Meridian Ave



John Oseland - Adventuretech Sports