

Volunteer Spreadsheet

Contact: Bret Sholar Bret Sholar (405) 773-8616 brsholar@boathousetriathlon.org
or Jim Lupton 405 523-5041

Get volunteer information

Friday	Saturday	Sunday
12pm - 5pm	7am - 12:00pm 12pm - 6pm	6:30am - 12:30pm 12pm - 2pm

Packet Stuffing

Packet Pick-up

Boat House

Boat House

Pre Race Day Course Volunteers 12 pm >

Transition

Set-up and Tear Down

Entrance / Exit

Policing and Directing (Rules)

Swim

In the Water (?)

Wet Suit Strippers (Sunday Only)

Entrance Dock

Out of the Water Guides

Bike

Course Directions

Intersections (2+) per intersection

What Intersections???

Turn-around Points (2+)

Run

Course Directions

Intersections (2+) per intersection

What Intersections???

Turn-around Points (2+)

Medical

Volunteer Help for Doctors and Nurses

Aid Station - (Themed for fun) - Part of Transition

Water Restock

Water Distributors

Utility - Assigned to...

Officials

Police

Problem or ad hoc needs

Side Walk Chalk (?)

Boat House

Boat House

Boat House

Boat House